



## Scholarship Bed Policy & Procedure

### The Family Recovery Foundation

At The Family Recovery Foundation, our mission has always been clear: **no family should ever walk the journey of recovery alone.** We believe that lasting healing happens when the entire family is supported—not just the loved one entering treatment. Because of this, our scholarship beds are not simply a financial resource; they are part of a comprehensive, family-centered approach to recovery.

### Purpose of the Policy

Our scholarship beds exist to remove financial barriers to treatment for families in crisis. To honor the intent of these scholarships and to ensure families receive meaningful, ongoing support, we ask that families participate in foundational family-recovery services as part of the scholarship process.

### Requirements for Scholarship Bed Utilization

To utilize a scholarship bed for treatment, we kindly ask that at least one family member completes the following:

1. **Two (2) weeks of Fix Your Family sessions**  
These sessions provide education, tools, and guided support to help families understand addiction, improve communication, and begin rebuilding stability within the family system.
2. **At least four (4) Morning Meditation sessions**  
Morning Meditations help families ground themselves emotionally, reduce anxiety, and establish healthy daily rhythms during a challenging season.

### Important to Know

- **All Family Recovery Foundation services are 100% free**
- **All sessions are virtual and accessible nationwide**
- **We simply ask that families register and attend**

Registration allows us to ensure that support is being provided and that every family connected to a scholarship bed is receiving care, guidance, and community throughout the recovery process.

## **Why We Ask This of Families**

We are an **all-encompassing family support organization**. While treatment for the individual is essential, we genuinely believe the family needs just as much support and guidance. Scholarship beds are not intended to stand alone—they are part of a holistic recovery model designed to promote long-term healing for the entire family.

This policy exists not as a barrier, but as a way to **protect the purpose of family recovery** and ensure that families are not left behind once treatment begins.

## **Our Commitment**

We believe in hope. We believe in healing. And we believe families deserve to be supported every step of the way. We look forward to the day when **no family walks this journey alone**.

Thank you for your understanding and partnership in this mission.

Respectfully,

The Family Recovery Foundation Team